

LGM Menu-Week 1

	LUNCH	TEA	DIETARY INFORMATION
MONDAY	Mac 'N' Cheese Mixed Veg and Garlic Bread Apple and Pear Crumble with Custard	Chunky Minestrone Soup	Reduced Sugar
TUESDAY	Beef Chilli with Rice and Cheesy Corn Bread. Quorn Chilli Melon	Bagels with Egg and Carrot Mayo	-
WEDNESDAY	Roast Chicken with New Potatoes and Cabbage Quorn Roast Fruit Salad and Ice Cream	Cheese Scones and Fruit Bread or Oat Crunchies	-
THURDAY	Vegetable Cobbler and Green Beans Lemon Cake and Custard	Pizza with Carrot and Sweet corn Salad	Reduced Sugar
FRIDAY	Fish Fingers with Oven Baked Wedges and Beans Quorn Fingers Bananas and Custard	Tomato and Cheese Pasta Bake and Garlic Bread	Reduced Sugar

LGM Menu-Week 2

	LUNCH	TEA	DIETARY INFORMATION
MONDAY	<p>Sweet Potato and Chickpea Curry with Rice and Broccoli</p> <p>Black Forest Fruit Crumble and Ice Cream</p>	<p>Assorted Sandwiches With Pepper Sticks</p>	-
TUESDAY	<p>Beef Lasagne with Mixed Veg and Garlic Bread</p> <p>Quorn Lasagne</p> <p>Fruit Fool</p>	<p>Sweet Potato and Carrot Soup with a Bread Roll</p>	-
WEDNESDAY	<p>Chicken and Veg Noodles with Green Beans</p> <p>Quorn Noddles</p> <p>Carrot Cake and Custard</p>	<p>Broccoli and Cauliflower Cheese Bake</p>	Reduced Sugar
THURDAY	<p>Sausage and Root Vegetable Mash with Cabbage and Gravy</p> <p>Vegetarian Sausage</p> <p>Stewed Apple and Custard</p>	<p>Mini Quiches and Baked Beans</p>	Reduced Sugar
FRIDAY	<p>Tuna Pasta Bake with Sweet Corn and Garlic Bread</p> <p>Tomato Pasta Bake</p> <p>Melon</p>	<p>Turkey Burgers in a Roll</p> <p>Vegetable Crisps</p>	-

LGM Menu-Week 3

	LUNCH	TEA	DIETARY INFORMATION
MONDAY	<p>Quorn Ragu Pasta Bake Mixed Veg and Garlic Bread</p> <p>Rice Pudding and Jam</p>	<p>Assorted Thins Cucumber and Carrot Batons</p>	-
TUESDAY	<p>Beef and Veg Stew with Dumplings and Braised Red Cabbage Quorn and Veg Stew</p> <p>Spiced Pears and Sultanas with Ice Cream</p>	<p>Pizza with Saute Potatoes</p>	-
WEDNESDAY	<p>Chicken Korma and Rice with Peas and Carrots Quorn Korma</p> <p>Melon</p>	<p>Mac 'N' Cheese With Garlic Bread</p>	-
THURDAY	<p>Beef Spaghetti Bolognese with Garlic bread and Veg</p> <p>Rhubarb Crumble and Custard</p>	<p>Cheese Quiche with Cherry Tomato and Cucumber Salad</p>	Reduced Sugar
FRIDAY	<p>Salmon Fishcakes with Rice Sweet Corn and Carrot Salad</p> <p>Banana Cake and Custard</p>	<p>Jacket Potato with Beans</p>	Reduced Sugar