

# Menu - Week 1

DAY	LUNCH	TEA
MONDAY	Spaghetti bolognaise  Rice Pudding	Assorted sandwich thins with cucumber slices.  Fruit yoghurt Water
TUESDAY	Chicken stew with vegetables  Jam and coconut sponge with custard	Assorted wraps  Fruit yoghurt Water
WEDNESDAY	Beef or veggie chilli con carne with rice, green beans and carrots  Fruit with custard	Homemade fruit scones and fruit cake  Fruit yoghurt Water
THURSDAY	Quiche with new potatoes and Mediterranean vegetables  Angel Delight and shortcake biscuit	A variety of sandwiches with carrot batons  Fruit yoghurt. Water.
FRIDAY	Chicken curry, Quorn curry or sweet potato curry with rice, and whole green beans.  Bananas with custard	Macaroni cheese  Fruit yoghurt Water

# Menu - Week 2

DAY	LUNCH	TEA
MONDAY	Vegetarian hotdog pasta bake or vegetarian hotpot  Peaches with custard	A variety of sandwiches with carrot batons  Fruit yoghurt. Water.
TUESDAY	Chicken and leek pie, Quorn chicken pie or vegetable hotpot, served with new potatoes, cabbage and sweet corn  Strawberry mousse and shortbread biscuit	Rice and vegetable bake  Fruit yoghurt Water
WEDNESDAY	Quiche with boiled potatoes and Mediterranean vegetables  Fruit with ice cream	Assorted sandwich thins, with cucumber slices.  Fruit yoghurt Water
THURSDAY	Pizza with jacket potatoes and baked beans  Carrot cake with custard	Cherry/plain scones and Chelsea buns  Fruit yoghurt Water
FRIDAY	Beef lasagne or veggie lasagne with garlic bread and mixed vegetables  Iced sponge with custard	Assorted wraps  Fruit yoghurt Water

# Menu -Week 3

DAY	LUNCH	TEA
MONDAY	Vegetable pasta bake with garlic bread  Mousse and shortbread biscuit	Assorted sandwiches with cucumber.  Fruit yoghurt. Water.
TUESDAY	Roast chicken or Quorn roast, with roast potatoes and mixed vegetables  Peaches with custard	Variety of sandwich thins  Fruit yoghurt Water
WEDNESDAY	Minced beef pie or vegetarian hotpot with boiled potatoes, carrots and peas  Fruit crumble with custard	Homemade fruit scones and Chelsea buns.  Fruit yoghurt Water
THURSDAY	Fish fingers, mashed potato and Mediterranean vegetables  Fruit crumble with custard	Macaroni cheese  Fruit yoghurt. Water
FRIDAY	Chicken stew or Quorn stew with vegetables  Chocolate sponge with custard	Assorted wraps  Fruit yoghurt Water